I took early retirement following a 36-year career in the NHS, working in a range of operational management and senior leadership roles. I was Chief Operating Officer and more recently Executive Director of Planning & Governance and i have a wealth of relevant experience in all aspects of strategic planning, commissioning, performance delivery, corporate governance and leadership.

I have a Master's Degree in Health & Social Care and many of my successes in the NHS have involved taking a collaborative approach to working in a multi-agency way to deliver service improvements.